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WANT ... BELIEVE ... TRUST ... ACHIEVE ...

AUGUST 2007

<p style="text-align: center;">SQUAD NEWS</p> <p>We are now finishing our second full Winter Season at Alexandria InShape. Our last week ends Thursday 13th September.</p> <p>Thank you and congratulations to everyone who stuck out the cold weather.</p> <p>That means... BOTANY OPENS SOON!! We will have two weeks to get ready and then Clinics / Squads will start up again.</p> <p>STROKE CLINICS will be available during the School Holidays. 5-day programs. Week One – 1st to 5th October Week Two – 8th to 12th October</p> <p>SQUAD TERM ONE (Five Weeks) Starts Monday 15 October</p>	<p style="text-align: center;">NEW ASSESSMENT / PLACEMENT Procedure</p> <p>**** Our Swim School will now include ALL levels of instruction. From Learn-to-swim through to Senior Squads. ****</p> <p>We are looking to make sure everyone is placed in the CORRECT class, so students and teachers can work to their best ability.</p> <p>ANYONE interested this year must be assessed. Swimmers who have already been in squads before need only to fill out a form. New swimmers must complete the form and also undergo a pool assessment.</p> <p>Please fill out a form and get it to Chad no later than Wed 10th October. Pool assessments are available from 1st to 10th October; and can be scheduled by contacting Chad.</p> <p>Final Group Placements will be announced from Thursday 11th October.</p>
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IMPORTANT DATES

CONGRATULATIONS Swimmers Of The Month

Jerome Benhayon

Morgan Scott

- ♣ 13 SEPT – Training Ends@Alexandria
- ♣ 29 SEPT – Presentation Day 12pm
- ♣ 1 OCT – Holiday Stroke Clinics Start
- ♣ 15 OCT - Squads Start
- ♣ 18 OCT – Club Night 7pm